

- ¹ Paul, an apostle of Christ Jesus by the will of God,
- To God's holy people in Ephesus, the faithful in Christ Jesus:
- ² Grace and peace to you from God our Father and the Lord Jesus Christ.







³ Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. ⁴ For he chose us in him before the creation of the world to be holy and blameless in his sight. In love



⁷ In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace 8 that he lavished on us. With all wisdom and understanding,



⁹ he made known to us the mystery of his will according to his good pleasure, which he purposed in Christ, 10 to be put into effect when the times reach their fulfillment—to bring unity to all things in heaven and on earth under Christ.



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⁵ he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and willto the praise of his glorious grace, which he has freely given us in the One he loves.



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⁹ he made known to us the mystery of his will according to his good pleasure, which he purposed in Christ, ¹⁰ to be put into effect when the times reach their fulfillment—to bring unity to all things in heaven and on earth under Christ.



There is comfort in God's love



¹³ And you also were included in Christ when you heard the message of truth, the gospel of your salvation. When you believed, you were marked in him with a seal, the promised Holy Spirit,



¹⁴ who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession—to the praise of his glory.



- 1. In what ways do you feel different from others at church?
- 2. How does God give you comfort?
- 3. Is predestination a difficult topic for you?

